

## GROW

### SPIRITUAL GROWTH FOR ADULTS

#### Dean's Forum

Four Sundays in Lent, 10:15–11am  
in the Mercer Library

This Lent, the Dean's Forum at the Mercer School gathers around *Wild Hope: Stories for Lent from the Vanishing* by Gayle Boss, to engage its reflections on compassion, renewal, and hope. All are welcome!

#### In Good Company with the Dean

February 18 and April 15 at 5:45pm  
at the Historic Deanery

Join Dean Michael for coffee and conversation. 2/18: Spirituality at Home—Prayer, Practice and Presence. 4/15: Life in Community—From Conflict to Communion. Registration required: [linktr.ee/incarnationgc](http://linktr.ee/incarnationgc)

#### Candlelit Contemplative Prayer for Lent

March 4 at 7:00pm in the Cathedral  
Visit [linktr.ee/incarnationgc](http://linktr.ee/incarnationgc) to register.

### FAMILY MINISTRIES

#### Fellowship in Faith for Families

Sundays 10:15am–11:00am

Lessons draw from the Bible, Christian tradition and the natural world to deepen children's spiritual lives and develop their expressions of faith.

#### Cathedral Youth

First Sunday of the month, 12:30pm–2:30pm,  
March 1 & May 3

6th–12th Graders gather on the first Sunday of every month to complete a service project, lunch is served, and friends are welcome!

#### Youth Confirmation Class

Five Sundays, 10:15–11am, at the Mercer School,  
8th–12th Graders, 2/22, 3/1, 3/8, 3/15, 3/22

Preparation for Confirmation at the Easter Vigil on April 5 through a 5-part class and overnight retreat.

## SERVE



Please scan this QR code for information on the many ways to serve at or with the Cathedral

- Serve in Worship
- Serve in the Community
- Serve the Cathedral Congregation

## SPOTLIGHT ON

### Contemplative Prayer

#### Contemplative Prayer Returns to the Cathedral

Join Canon Adam Bucko, Abbot of the Community of the Incarnation and Subdean, for candlelit contemplative prayer in the Cathedral's sacred space. Open to all experience levels, these evenings offer stillness, silence, and attentiveness to God's presence, with optional follow-up appointments for spiritual guidance available. Gatherings on March 4, April 15 and May 6, visit [linktr.ee/incarnationgc](http://linktr.ee/incarnationgc) to register.



#### Support Our Ministries

To make a one-time contribution to cathedral ministries, Text "INCARNATIONGC" to 73256 to give using your mobile device or scan this QR code. Thank you for your generous support.



CATHEDRAL of the INCARNATION

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[www.IncarnationGC.org](http://www.IncarnationGC.org)

[facebook.com/incarnationGC](https://www.facebook.com/incarnationGC)

[@incarnationGC](https://www.instagram.com/incarnationGC)



CATHEDRAL of the INCARNATION

# Cathedral Life

Lent to Easter | 2026

## Welcome

As we approach this season of Lent, I invite you into a time of spiritual renewal and deeper connection with God and one another.

At the Cathedral, we've prepared multiple pathways for your journey—from contemplative prayer gatherings to our Wild Hope discussion series, exploring God's renewing work in all creation. Whether you're drawn to the stillness of candlelit contemplative prayer, the richness of communal conversation, or the beauty of our music program under Canon Martin Green's new leadership, there is a place for you.

Lent means "spring"—a season for our hearts to thaw and open. Join us as we walk this holy season together, bringing all that we are into God's presence.

I look forward to journeying with you.

Blessings and peace,  
The Very Rev. Cn. Dr. Michael Sniffen  
13TH DEAN OF THE CATHEDRAL

Don't miss any of the happenings or events at your cathedral — stay connected by:

- 1) Joining Realm, our online church community! To learn how to sign up, visit: [incarnationgc.org/realm](http://incarnationgc.org/realm). The code to join is [incarnationgc](http://incarnationgc.org/realm) and/or
- 2) Visiting [incarnationgc.org/calendar](http://incarnationgc.org/calendar) to see all events. You can also sign up to receive our e-news every Tuesday by email at [incarnationgc.org/connect](http://incarnationgc.org/connect)



## WORSHIP

Throughout the season of Lent, the Cathedral will continue to offer worship in-person and online.

### SUNDAY WORSHIP

- 8:00AM Traditional Mass**  
**9:15AM Cathedral for Kids Mass**  
**11:15AM Choral Mass**

### DAILY WORSHIP

**12:00PM Mass** Tuesday through Friday  
*Wednesday Mass includes healing prayers*

### SATURDAY WORSHIP

**5:00PM Mass** at Incarnation Chapel with a simple meal following; 252 Rushmore Avenue, Carle Place



### Center for Spiritual Imagination—Contemplative prayer and guided meditation

Three in-person opportunities this winter and spring at the Cathedral: March 4, April 15, May 6. Please

visit [linktr.ee/incarnationgc](http://linktr.ee/incarnationgc) to register for in-person events. Also: every Monday online, 6:30pm–7:00pm. Please scan QR code for full CSI event schedule.

## LENTEN WORSHIP OPPORTUNITIES

### Incarnation Chapel Saturday at 5:00pm

Celebration of the end of Epiphany Season and burning of the palms in preparation for Lent, followed by New Orleans style Mardi Gras meal.

### Ash Wednesday Wednesday, February 18

**12:00PM** Liturgy of Ash Wednesday with Hymns  
**7:30PM** Liturgy of Ash Wednesday with Choir

### Choral Evensong for Lent Sunday March 1 at 4:00PM

## HOLY WEEK SERVICES

### Palm Sunday, March 29

**8:00AM** Liturgy of Palm Sunday  
**9:15AM** Palm Sunday for Kids with The Cathedral Choristers  
**11:15AM** Palm Sunday Choral Mass with Sung Passion by Cathedral Choir

### Chrism Mass and the Reaffirmation of Ordination Vows Tuesday, March 31, 11:00AM

The Bishop will bless the holy oils used for the next year during a liturgy of reaffirmation of ordination vows for the deacons, priests, and bishops of the diocese.

### The Office of Tenebrae Wednesday, April 1 at 7:30PM with the Cathedral Choir

A candlelit service of shadows and silence featuring the Cathedral Choir, marking Holy Wednesday through ancient readings and the gradual extinguishing of light, preparing us for the Passion of Christ.

### Maundy Thursday Choral Mass Thursday, April 2 at 7:30PM

A solemn liturgy commemorating Christ's Last Supper with foot washing, followed by the Gethsemane Watch at the Altar of Repose

### GOOD FRIDAY Friday, April 3

**Solemn Liturgy of Good Friday | 12:00PM**  
**Stations of the Cross | all day; tour at 4:00PM**  
Outdoor Stations of the Cross available all

day. Family bulletins will be available for those attending with young children. Guided tour will be at 4:00pm, all ages welcome.

### Incarnation Chapel | 7:30PM

Vespers for the Burial of Christ; 252 Rushmore St., Carle Place

## EASTER

### The Great Vigil of Easter

**Saturday, April 4 at 7:30PM** with the Bishop of Long Island; The service includes the renewal of baptismal vows, confirmation, and reception into the Episcopal Church.

### Easter Sunday, April 5

**8:00AM** Traditional Mass with hymns  
**9:15AM** Easter For Kids and Egg Hunt  
At approximately 10:15am, all are invited to the cathedral's annual Easter Egg Hunt on the South Lawn!  
**11:15AM** Choral Mass

## CONNECT



### Join a Group

Our cathedral ministries are meeting online or in-person. You can join a group using Realm. For details on joining Realm, visit [incarnationgc.org/realm](http://incarnationgc.org/realm).

### Mothering Sunday Pancake Breakfast

*Sunday, March 15 at the Mercer School*  
Join us for this popular and wonderful event honoring the mothers and mothering people in our lives. If you are interested in assisting, please contact Diana Campbell at [dianakcampbell@gmail.com](mailto:dianakcampbell@gmail.com) or Keith Okrosy at [kokrosy@gmail.com](mailto:kokrosy@gmail.com).